

Cardiac Catherization Discharge Instructions

1. Patients are typically discharged about 6 hours after the procedure. Patients who had the procedure in the afternoon will be discharged the following day.
2. Patients are advised NOT to drive after the procedure. Please make proper arrangements for a family member or a friend to pick you up. If arrangements cannot be made, we advise patients to take a taxi instead of riding the bus.
3. Once you are home, patients are advised not to move other than using the bathroom.
4. Shower or bath are allowed from the day after procedure. Bandages can be removed after two days. Please be careful when removing the bandages.
5. If the pain is unbearable or if there is extensive bruising, please contact the doctor immediately.
6. When you come for a follow-up visit after the procedure, please bring all your medications.

Wilshire Cardiology Group